

Healthy Pontiac, We Can!

Meeting Minutes

November 13, 2018

Members Present:

Greg Bloomfield	All Saints' Church
Lisa Braddix	Greater Detroit Area Health Council
Batisha Branner	Sheriff PAL Program / Max Out Fitness
Lisa Bryant	Ferndale Parks and Recreation
Robert Dawson	All Saints Produce Market
Lily Doher	United Way for SE Michigan
Dyann Hayes	All Saints Episcopal Church Produce Market
Kim Hodge	Pontiac Sun Time Bank
Jennifer Kirby	Oakland County Health Division
Thomas Lawrence	T.G.L. Enterprises
Sonya LeDuff-Malone	Pontiac Sun Time Bank
James Lewis	All Saints' Church
Jennifer Lucarelli	Oakland University
Kelli Marshall	Blue Cross Complete
Monica Martinez	Oakland Livingston Human Services Agency
James McQueen	Lighthouse at Oakland
Malkia Newman	CNS Healthcare
Kristina Ottenwess	Oakland County Health Division
Daniel Parker	Ferndale Parks & Recreation
Ashley Turner	Oakland Mediation Center
Jake Williams	Gleaners Community Food Bank
Sherian Williams	Next Level Coaching & Mentoring

Staff Present:

Signa Metivier	Oakland County Health Division
Samantha Montney	Oakland County Health Division

1. Introductions

The meeting of Healthy Pontiac, We Can! was called to order by J. Lucarelli at 1:35 p.m. on November 13, 2018 at All Saints' Episcopal Church, 171 W. Pike St., Pontiac, 48341

2. Approval of Minutes

Motion moved by K. Ottenwess to approve the minutes of September 11, 2018 with the following correction; Sonia LeDuff-Malone corrected to Sonya LeDuff-Malone.

Seconded by S. Montney.

Motion Carried Unanimously

3. Partnership Updates

K. Hodge invited members to the Pontiac Sun Time Bank's Five-Year Birthday Party and Friendsgiving on November 14th from 5:30 – 7:30 pm at 402 N. Telegraph Rd. located in the Oakland Pointe Shopping Center.

M. Newman informed members that CNS Healthcare recently was awarded a Certified Community Behavioral Health Clinic (CCBHC) designation which means they can

provide mental health or substance use services to individuals who are underinsured or not insured.

J. Lewis told members the All Saints' Community Breakfast on Saturday has gone from serving 50 people to serving 150 this year and on one weekend they served 220.

B. Branner informed members Max Out Fitness will have a soft opening for its juice bar on November 17th.

J. McQueen informed members Lighthouse is currently preparing 1,200 Thanksgiving meals for next week. After the Thanksgiving Holiday Lighthouse will begin preparing toys and gifts for 750 families through the Adopt-a-Family program.

J. McQueen told members Micah 6 purchased Webster Elementary on Huron St. which will provide space for a community center and gardens, church activities, and for community partners.

S. Montney told members she has accepted a new position at the Oakland County Health Division in the Emergency Preparedness Unit and will no longer serve as OCHD's staff person for Healthy Pontiac We Can.

J. Lucarelli informed members 100 people came to the 5k sponsored by Max Out Fitness and Anytime Fitness raising \$300 for senior fitness classes in downtown Pontiac.

J. Lucarelli told partners the Prescription for Health Program sponsored through Blue Cross Blue Shield of Michigan identified 200 people eligible for the three-month program. About 100 people signed up and 60 people completed the program. The program provided \$40 in monthly vouchers for produce and a free three-month gym membership or support for other physical activity. She said HPWC will look for ways to extend the program next year.

4. Childhood Nutrition Program FEAST – United Way

L. Doherty a registered dietician for the United Way informed members FEAST stands for Feeding, Eating, and Succeeding Together. FEAST is a nutrition education initiative that focuses on the environment and the interactions that are happening in the environment. The program looks at the child's physical environment and is it comfortable and the social/emotional environment and what the feeding relationship is like and the interactions with children during mealtime. The program works to support parents and caregivers through the feeding process so they can help children develop positive eating habits, good mealtime behavior, and healthy relationships with food.

FEAST is an evidence based program that pairs well with other nutrition education and parenting programs. L. Doherty told members the program is free and they offer a train the trainer and program materials are available in Arabic and Spanish.

5. System Approaches to Healthy Communities

S. Montney told members "Systems Approaches for Healthy Communities" is an evidence based training that is available to HPWC members and their agencies. The free training consists of five different self-paced online modules that focus on policy, systems, and environmental change. Members participated in a values exercise from Module Three.

6. Draft of the Strategic Plan

J. Lucarelli asked members to review and edit draft copies of the Strategic Plan 2019 – 2022 provided to members. Strategic Plan 2019 – 2022 was approved by members unanimously.

7. 2019 Meeting Discussion

J. Lucarelli informed members HPWC! received funding again for the 4x4 Grant in 2019. She also informed members HPWC! did not receive funding in 2019 for the CDC REACH Grant but they did receive positive feedback from the CDC.

S. Montney told members HPWC! needs to find a new meeting location for 2019. They need a large room with AV equipment and available parking or access to parking in Pontiac.

J. Lucarelli told members she is looking for volunteers for the HPWC! Communications Committee.

8. Adjournment

Being no further business, J. Lucarelli adjourned the meeting at 2:53 p.m. The next meeting is scheduled for 1 p.m. on February 12, 2018 at the Lighthouse of Oakland County, 46156 Woodward Ave, Pontiac, 48342. Please enter the building through Door C.

Minutes submitted by: Signa Metivier

Approved by: Jessica Williams