



Healthy Pontiac, We Can!

Meeting Minutes

April 9, 2019

Members Present:

Lisa Braddix	Greater Detroit Area Health Council
Linda Chang	Honor Community Health
Karen Chappell	Girl Scouts
Lindsay Fogleman	Oakland Mediation Center
Dyann Hayes	All Saints Episcopal Church Produce Market
Ruth Kaleniecki	Metro Health Foundation
Alesha Keeleane	Blue Cross Complete
Cheryl LaFleur	CNS Healthcare
Thomas Lawrence	T.G.L. Enterprises
Nicole Lazzara	Meridian Health Plan
Sonya LeDuff-Malone	Pontiac Sun Time Bank
Jennifer Lucarelli	Oakland University
Kelli Marshall	Blue Cross Complete
Heidi McGlennen	McLaren Oakland
Nicole Nagarah	Oakland Livingston Human Service Agency
Kristina Ottenwess	Oakland County Health Division
Donald Sampson	Volunteers of America
Jim Schafer	Oakland County Planning
Debra Stars	Oakland Livingston Human Service Agency
Rebecca Stewart	Baldwin Center
Virginia Uhley	OUSB School of Medicine
Jake Williams	Gleaners Community Food Bank
Kermit Williams	Oakland Integrated Healthcare Network
Kristen Wiltfang	OC Economic Development & Community Affairs
Debbie Wisser	Oakland Community Health Network

Guests Present:

Carly Glunz	Oakland County Health Division
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Staff Present:

Signa Metivier	Oakland County Health Division
Jessica Williams	Oakland County Health Division

1. Introductions

The meeting of Healthy Pontiac, We Can! was called to order by J. Lucarelli at 1:05 p.m. on April 9, 2019 at the Lighthouse at Oakland, 46156 Woodward Ave, Pontiac, 48342

2. Partnership Updates

K. Marshall informed members Blue Cross Complete of Michigan's Health Fair and Baby Shower will be held Friday, April 12th from 10 am to 1pm at the Northwest Activities Center, 18100 Meyers Road, Detroit.

R. Stewart told members registration for the Baldwin Centers summer camp begins Wednesday, April 10th and registration is online or by phone. The camp runs six weeks and cost fifty dollars.

K. Wiltfang informed members pedestrian refuge islands are being installed on Telegraph Road south of Huron. She told members over the last five years there have been 16 pedestrian crashes and 5 fatalities.

The Trail, Water and Land Alliance will meet April 25th at the Oakland County Executive Office Bldg. at 10 am to discuss invasive plants and proper disposal of the plants with Waste Management. Holy Spokes an organization from Lake Orion that repairs and fixes bikes and gives them back to the community will also be at the meeting.

K. Williams told members the Clinton River Trail Cleanup is Saturday, April 20th from 10 am – 2 pm meeting at Beaudette Park.

J. Williams informed members the Pontiac Fit Fest is June 15th at Beaudette Park from 11 am – 1 pm. The community can register to receive youth and adult bikes. If anyone is interested in volunteering or would like a table at the event see J. Williams

J. Lucarelli said they have about 300 bikes available for the event and a healthy lunch will be provided. She told members there was an estimated 400 people at the event last year and they gave out 150 bikes.

J. Williams said under the SNAP Ed Grant they are doing Eat Smart Live Strong programming for seniors ages 60 – 74 at four locations in Pontiac. The locations are Bowen Senior Center, All Saints Episcopal Church, Centro Multicultural La Familia and Woodside Bible Church.

SNAP Ed will also be doing Cooking with Kids at OLHSA and Woodside Bible Church and Michigan Harvest of the Month taste tastings will be offered at SPROUT, SPROUT Pop-ups, and the All Saints Market.

L. Fogleman told members the Oakland Mediation Center in June will host Domestic Violence Screening training if anyone is interested in being certified.

L. Braddix informed members Greater Detroit Area Health Council's Population for Health and Health Equity has redone materials related to Safe Sleep for the State of Michigan and is looking for facilities to host focus groups so they can get community feedback on the new material. If any organizations are interested contact L. Braddix.

She also told members the Alpha Kappa Alpha Sorority Inc., Theta Lambda Omega Chapter which serves Pontiac and the surrounding communities is looking for large meeting areas to host monthly Women's Wellness Meet Ups. If an organization would like to provide their facility contact L. Braddix. Their first meet up is scheduled for May 4th at Lighthouse at Oakland.

3. Approval of Minutes

J. Lucarelli asked members for changes/corrections to minutes for February 12, 2019. Approved unanimously.

4. Main Street Pontiac

H. McGlennen informed members Main Street Pontiac is a volunteer, non-profit organization with 501(c)3 status. She said they have a four-point approach they focus on for community transformation which are: economic vitality, design, organization, and promotion. She told members they also have four focus areas which are Arts, Culture,

and Entertainment; Health and Wellness; Technology and Millennials; and Maker Spaces which are small metal or manufacturing spaces.

Some upcoming events for the four focus areas are Earth Day Cleanup on April 26th from noon to 4 pm; on Friday, May 3rd from 5 pm – 10 pm they are hosting a family friendly Arts Crawl; the Pontiac Run Club meets on Tuesday nights at 5:30 pm at Exferimentation to run/walk the three-mile loop; the Hauntiac 5K is scheduled for September 28th and all funds raised go to senior fitness classes; adult and high school derby races are August 2, from 8 am – 6 pm. More information on events can be found at mainstreetpontiac.org

5. Safe Routes to School

J. Williams informed members as part of the 4x4 Grant they received through MDHHS they wrote into the grant that as a coalition they would like to work on Safe Routes to School. She said the goal is to encourage students in Pontiac to walk and bike to school promoting a healthier lifestyle while making bike/walking routes to school safer and to help reduce traffic in some of the high traffic areas. Safe Routes to School program has six E's they want to focus on which are: Educate – educate students on safety, rules of the road; Encourage – encourage schools to promote the program; Enforce – work with community partners and the Oakland County Sheriff's Dept. to help enforce the rules of the road and provide extra enforcement for this program; Engineer – make the bike lanes for the Safe Routes to School; Evaluate – typical evaluation of the program; and Equity – make sure we are providing culturally competent programming.

J. Williams asked members for their input on neighborhood schools that would be good for the program. Discussion ensued.

6. Networking Break

7. Pontiac Crash Data

J. Lucarelli provided an update to members on the Complete Streets Plan that HPWC has been working on since 2015 supported by the CDC REACH Grant that HPWC had from 2014 – 2018. She provided the following data on Pontiac to members. 18% of households do not have a car and there is a high portion of households with only one car; 36% walk to work, 8% bike to work, 30% use public transportation to work, and she said Pontiac has a higher number of traffic accidents and fatalities than the rest of the state of Michigan. She said they want to make sure drivers understand the rights and responsibilities of pedestrians and bicyclists, reduce distracted driving, educate walkers and bikers about where they should be. J. Lucarelli informed members a steering committee was formed to guide the process, which was taken to the community for feedback, mailers were sent to all Pontiac households informing them of meetings, and there was also an online system for residents to leave comments or identify problem areas. She said they used a four-step process for the plan which begins with adopting the non-motorized transportation policy, implementing pieces of the policy, promoting through communications and evaluating the policy. The complete plan is a multi-million-dollar project with large and small projects. J. Lucarelli reviewed for members some of the smaller projects that HPWC has been able to accomplish in the plan like updating phone numbers on the website so residents can report stray dogs directly to OC Animal Control, hosting a Take Back the Sidewalk event where volunteers cleaned up and edged the vegetation encroaching on the sidewalk, sidewalk equality audits done by OU students, 56 bike racks installed, installing the first two bike lanes in Pontiac, and Adopt-a-Stop where businesses take ownership of a bus stop to keep it clean and report problems to SMART and bus improvements which include new bus stop signage, trash can covers, and bus stop improvements.

8. Bike Safety Campaign

J. Williams will provide adult and child bike safety brochures to agencies/organizations. Suggestion was made to put vinyl banners promoting bike safety by the bike racks in Pontiac parks.

9. Adjournment

Being no further business, J. Lucarelli adjourned the meeting at 3:02 p.m. The next meeting is scheduled for 1 p.m. on June 11, 2019 at the Lighthouse of Oakland County, 46156 Woodward Ave, Pontiac, 48342. Please enter the building through Door C.

Minutes submitted by: Signa Metivier

Approved by: Jessica Williams