

# 3 Year Strategic Plan (2022 – 2025)

#### **NEIGHBORHOOD SAFETY**

- 1. Work with local law enforcement to increase feelings of safety in neighborhoods and recreational areas (expolicies on loose dogs)
- 2. Advocate for community beautification efforts in neighborhoods and parks (clean up sidewalks/parks, reduce blight, "Pick Up Pontiac" campaign to remove litter/blight)
- 3. Advocate for strategies to improve feelings of safety in parks and public spaces (i.e. lights, cameras, reduction of blight, staffing)

#### **ACCESS TO HEALTHCARE**

- 1. Help develop collective map/lists of key locations to access healthcare (List of Health Clinics, FQHC's, Hospitals, Provider Offices, Community Clinics, Health Department Services, non-profits involved in healthcare, etc.)
- 2. Partner with local agencies to bring health education classes for prevention to the community
- 3. Enhance communication strategies and develop communication plan with partner organizations to increase awareness/utilization of nutrition, physical activity, and community health programs and services
- 4. Support and advocate for maternal and infant health (pregnancy support, breastfeeding, healthy lifestyles, postpartum support)

### **PHYSICAL ACTIVITY**

- 1. Improve physical activity infrastructure and amenities through park facility upgrades (bathrooms, ADA accessibility, lighting, fields, outdoor workout equipment) and more walkable, bikeable community (wayfinding signs, Safe Routes to Schools/Parks, improved sidewalks, etc.)
- 2. Support and promote diverse physical activities in the city (recreation, free fitness classes, walking clubs, yoga, weekly bike rides, bike events, walking/running group)
- 3. Advocate for updated community centers and City budget for parks and recreation staff
- 4. Facilitate open use and joint use agreements with schools and other recreational facilities

## **HEALTHY EATING**

- 1. Partner to support and expand community, urban, and home gardening classes/opportunities (gardening basics, garden support, canning, cooking)
- 2. Work to increase access to fresh produce through expansion and implementation of pop-up produce stands and farmers markets throughout the city and in alternative retail settings (convenience stores, pop up markets, mobile food services)
- 3. Support the expansion, education, and promotion of Double Up Food Bucks, WIC, SNAP benefits, and local CSA programs
- 4. Advocate for increased accessibility to healthy food for seniors (support mobile food service delivery, fresh produce, healthy vending machines in senior centers, etc.)

### **ADDITIONAL STRATEGIES**

- 1. Work with Pontiac School District on implementing Local Wellness Policy (nutrition, physical activity, overall student wellness, guidelines for school-based foods/beverages)
- 2. Address transportation needs of the community to access physical activity and healthy eating opportunities
- 3. Implement equitable and strategic data sharing and collection agreement
- 4. Identify and support "Community Health Champions" in council districts, neighborhood organizations or groups
- 5. Work with existing groups (i.e. GPCC, City Council, etc.) to get community leaders and members involved in ongoing HPWC! work