

Healthy Pontiac, We Can!

Meeting Minutes

September 13, 2016

Members Present:

Karlton Akins	Community Mental Health
Janet Barley	Calvary Pontiac/Clarkston
Allyson Forest	Oakland University
Nicole Frantz	Oakland University
Jennifer Kirby	Oakland County Health Division
Floyd Kopietz	D for Detroit
Thomas Lawrence	T.G.L. Enterprises
James McQueen	Lighthouse at Oakland
Sam Montney	Oakland County Health Division
Elizabeth Pare	Oakland University
Katherine Polmear	Oakland County Health Division
Geneita Singletary	Mercy Place Clinic
Virginia Uhley	OUSB School of Medicine
Trisha Zizumbo	Oakland County Health Division

Others Present:

Sara Daniels	Pontiac Sun Time Bank
Sara McCall	Oakland Primary Health Services
Elizabeth Moon Carter	Oakland Schools
Diane Turnipseed	Pontiac Sun Time Bank

Staff Present:

Shannon Brownlee	Oakland County Health Division
Signa Metivier	Oakland County Health Division

1. Welcome / Introductions

The regular meeting of Healthy Pontiac, We Can! was called to order by S. Brownlee at 1:14 p.m. on September 13, 2016 at the Resource & Crisis Center, 1200 N. Telegraph, Bldg. 32E, Pontiac.

2. Approval of Minutes

Motion moved by K. Polmear to approve the minutes of July 12, 2016 as written.
Seconded by K. Akins.

Motion Carried Unanimously

3. Agenda Additions

Move item 6, Partnership Updates after item 4, Partnership Speed Dater.

4. Partnership Speed Dater

S. Brownlee gave a summary of the Partner Speed Dater agenda item. She asked if anyone would like to volunteer as a Speed Dater at a future meeting and spend five to ten minutes informing the coalition about their organization. J. McQueen, Lighthouse at Oakland, volunteered to be the speed dater at the October meeting. Suggestions were made for future meetings.

5. Partnership Updates

T. Zizumbo informed members the Oakland County Health Division will begin providing flu shots on Tuesday, October 4th at the North Oakland Health Center in Pontiac and South Oakland Health Center in Southfield.

G. Singletary informed members Mercy Place Clinic has partnered with Walgreens to provide free flu shots to low-income clients on October 3rd from 8 a.m. – 10 a.m. at Mercy Place Clinic, 55 Clinton St., Pontiac. The Forgotten Harvest Mobile Food Truck will also be available at the clinic on that day.

K. Akins informed members September 23, 2016 is the annual CMH Recovery Celebration at the Oakland County Farmers Market from 10 a.m. – 2 p.m. OCHD and William Beaumont School of Medicine are partners for the event.

HPWC's Sidewalk Cleaning Party is Saturday, September 24, 2016 from 9 a.m. – 12 p.m. at 640 Huron St., Pontiac. Lawn signs and flyers have been printed and flyers are available for members to distribute to their clients.

S. Brownlee shared information on the four ECHO workgroups that will be launching.

- September 7, 2016 – Data & Informatics Workgroup
- September 14, 2016 – Active Living Network, Oakland County Health Division, Executive Conference Room, 10:30 a.m. – Noon.
- September 23, 2016 – Access to Care Workgroup, Oakland County Health Division, 3rd floor conference room, 1 p.m. – 3 p.m.
- September 27, 2016 – Food Policy Council, Oakland County Health Division, Executive Conference Room, 9 a.m. – 10:30 a.m.

Contact S. Brownlee if you would like more information about joining the workgroups.

S. Brownlee reminded members it's never too early to send her information for the newsletter. She will archive information sent early to be published in the appropriate month.

6. HPWC Coalition Sustainability Planning

a) Community Coalition Assessment Tool (CCAT) Results

S. Brownlee reviewed the results of the Community Coalition Assessment Tool (CCAT) with members. She informed members the survey is used to build the coalitions' sustainability plan. Members who did not receive the email with the link to the survey should contact S. Brownlee. So far 18 members have responded to the survey.

b) Review Draft Sustainability Plan

S. Brownlee reviewed objectives of the HPWC! Sustainability Plan with members. Feedback from members included:

- HPWC! needs to be clear about its goals and engage members who have a direct connection to what the coalition is doing.
- Update the membership packet for recruiting new members.
- City officials, members of the Pontiac Chamber of Commerce, and Oakland County Ministerial Council are critical for HPWC!
- Integrate the coalition and become visible in the community.
- HPWC! can be utilized to bring groups/coalitions together for coordinated events like backpacks for school instead of several events around the community often on the same day.

- Utilizing non-traditional methods of disseminating information to the public. eg: senior groups, barbershops, beauty shops.
- HPWC! needs to revisit its Strategic Plan, see where we are going and where have we been.

7. Grant Updates

REACH:

Fresh Food Share: K. Polmear informed members FFS will be discontinued at the end of September by Gleaners.

Healthy Bites: Design work to promote healthy eating to staff, patients, and visitors continues in the St. Joseph Hospital cafeteria. They are also working with Huron Foods to integrate healthy eating messages within their store to encourage customers to purchase the healthier items.

School Based Strategies: HPWC! is working with Pontiac Schools on Smarter Lunchroom Strategies. They include updates and design work in their cafeterias, along with health education pieces, including training teachers on Brain Breaks. They have recently completed work at Michigan School of the Arts, Whitman and are currently working on bringing Smarter Lunchrooms to Pontiac middle schools and high schools.

SPROUT Fresh Food Store: HPWC! is working with Micah 6 to open the store located on Huron by the end of September. HPWC! is working on design and marketing pieces for the store.

Non-motorized Transportation Plan: HPWC! is waiting for Pontiac city council to approve the non-motorized transportation plan. Sidewalk cleanup is Saturday, September 24th, from 9 a.m. – Noon. K. Polmear informed members HPWC! that selection of sites for bike rack installation will happen soon. Installation cannot be paid for with grant funds so they are also seeking an organization to do it at little or no cost.

4 x 4

PAL: Fall PAL sport programs start today and leagues will be held at Woodside, Welcome Baptist, and Aaron Perry Park. PAL is still in need of volunteer coaches for its programs.

Pop-up Fitness: The official end date for “Walk With Leaders” was August 29th, however G. Konopaskie will continue them on Mondays through the end of September.

SNAP Ed: S. Montney informed members Cooking With Kids, market education and taste testings have ended for the year. She is collecting data on the programs to assess its success.

7. Adjournment:

Motion moved by J. McQueen to adjourn the meeting, seconded by T. Zizumbo.

Motion Carried Unanimously

Being no further business, S Brownlee adjourned the meeting at 2:53 p.m. The next meeting is scheduled for 1 p.m. on October 11, 2016 at the Resource & Crisis Center, 1200 N. Telegraph, Bldg. 32E, Pontiac.

Minutes submitted by: Signa Metivier

Approved by: Shannon Brownlee