Bicycling for transportation, health, and recreation is growing in Michigan. No matter where you ride, take control of your safety with these tips.

**Before you Ride, Check Your ABC’s**

- **A** is for Air.
  - Inflate tires to pressure that is listed on the side of the tire.

- **B** is for Brakes.
  - Inspect brake pads for wear, replace if less than ¼” thick.

- **C** is for Chain & Crank.
  - Check that chain is free of rust and crank bolts are tight.

**Think and Act Like a Driver.**

Safe riding is all about knowing and following the rules of the road. Obey stop signs, traffic lights, one-way streets, and yield signs.

**Ride with Traffic.**

Riding against traffic is a leading cause of crashes between bicyclists and cars. When you ride with traffic motorists know where to look.

**Be Visible.**

Wear bright clothing all the time. At night, also use lights and reflectors.

**Wear a Helmet.**

Helmets protect against head injuries in the event of an accident.

**Communicate with Drivers.**

Use hand signals to indicate turns and when changing lanes.

- **Left Turn**
- **Right Turn**
- **Stop**
SHARING THE ROAD
Tips to help make the roads safe for everyone.

WATCH FOR BICYCLISTS.
Bikes are allowed to ride in travel lanes on all roads except where prohibited. Bicyclists are not required to travel in bike lanes or sidewalks and they may leave the bike lane to avoid debris or turn left. Be conscious of bicyclists when opening your car doors.

PASS BICYCLISTS WITH CARE.
When passing a bicyclist, approach with caution. Remember they may not hear your vehicle approaching. Wait until it is safe and leave at least 3-feet of space when passing a cyclist.

NEVER DRIVE IN THE BIKE LANE.
On roads where there is a designated bike lane, never drive or park in the bike lane.

STAY ALERT.
Driving while distracted is unsafe for you and bicyclists. Don’t text and drive.

YIELD TO BICYCLISTS BEFORE TURNING.
When turning right, a motorist should always yield to bicyclists going straight. Never pass a bicyclist and turn immediately in front of them.

Healthy Pontiac, We Can!
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